

TRANSITION CARE GUIDE

We care about you!

The Bleeding and Clotting Disorders Institute will help you move smoothly from a pediatric to an adult model of health care at age 18 to continue on with our practice as a young adult. This means working with you, starting at ages 12 to 14, and your parent/caregiver to prepare for the change from a pediatric model of care to an adult model of care. A pediatric model of care is where parents/caregivers make most decisions regarding your healthcare. An adult model of care is where you will make your own decisions. We discuss ways to be prepared to manage your bleeding or clotting disorder independently. When you're ready, we will aim to discuss health goals with you personally, to help you take control of your own health care.

By law, you are an adult at 18 years. We will only discuss your health information with others if you agree. Some young adults choose to still involve their parents/caregivers or others in their health care choices. To allow your doctor to share information with them, your consent is required. We have these forms available at the front desk.

For young adults who have a condition that limits them from making health care choices, our office will share with parents/caregivers options for how to support decision-making. For young adults who are not able to consent, we will need a legal document that describes the person's decision-making needs. We will help you find community resources and specialty care, if needed.

Adapted from 2020 GOT Transition© Six Core Elements™ 3.0